

“The Fluoride Deception”



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‘The same potent chemical that is used to enrich uranium for nuclear weapons, to prepare Sarin nerve gas, and to wrestle molten steel and aluminum from the earth’s ore is what we give to our children first thing in the morning and last thing at night, flavored with peppermint, strawberry, or bubble gum.’

Synopsis:

Told by the government for over 50 years it is the “great white hope” for preventing cavities, Christopher Bryson unlocks another government conspiracy: not only does fluoride NOT prevent cavities, but it lowers the IQ of children, causes fractures, Alzheimer’s, ADHD, and was the most sought after element during the cold war. *The Fluoride Deception* uncovers a tragic episode of the U.S. government’s deceit and greed towards the American people.

Strengths:

1. Mr. Bryson gives a thorough history of the cover-up and deceit performed by the government’s leading scientists in lying about the health benefits of fluoride all for the betterment of the atomic energy program during the cold war. As Mr. Bryson tell us: *‘Fluoride was critical to the U.S. economy and military defense, and industry’s freedom to use it could not be hampered seriously during the cold war.’* (p. 146).
2. The government conspiracy to promote fluoridation ran so deep that *‘Medical professionals critical of fluoride were regular mauled in the press, while doctors and dentists were expelled from their professional organizations for antifuoride heresy.’* (p. 165).
3. The disgust felt while reading this book is the disdain-like behavior by the government toward workers and farmers who desperately sought reparations for the irreparable harm done to them by fluoride. From the twenty residents of Donora killed over the course of a weekend (Chapter 14) that the government blamed on the weather (p. 139) to blaming “country ham” for crippling workers in a Kentucky fluoride gaseous-diffusion plant (p. 193), the government’s top scientists directed all their actions toward protecting industry.
4. Despite these efforts: *‘The National Institutes of Health still has not funded any examination of fluoride’s central-nervous-system effects and...does not currently regard fluoride and CNS effects as a research priority.’* (p. 21).

Weaknesses:

I can find no fault can be found in a book written solely for the betterment of public health.

Overall Impression:

I liken the shock value of this book to that of *The Cholesterol Myths* by Dr. Ravnskov (see my book review). Like Dr. Ravnskov, Mr. Bryson backs up every jaw-dropping statement with rock-solid research. He is to be commended for this exhaustive work.